



### **Advice for Patients Following a Negative Test for COVID-19**

Your test for COVID-19 infection is negative. While it is very likely that you do not have a COVID-19 infection, it is possible that you could have a COVID-19 infection that was not detected by this test. For this reason, it is important that you monitor your symptoms. The following list contains the symptoms that suggest possible COVID-19 infection:

Fever

Cough

Difficulty breathing or feeling short of breath or out of breath

Loss of your sense of smell.

Loss of your sense of taste.

Sore throat

Muscle aches

Chills or shaking

Headache

Runny nose

Nausea or vomiting

Diarrhea

Fatigue

Confusion

Chest pain or a feeling of pressure in your chest

If you have worsening of any of these symptoms or if you have developed any new symptoms listed above that might suggest COVID-19 infection, please call your Kelsey-Seybold primary care provider. You may contact your provider by calling 713-442-0000 and asking to speak to the nurse of your physician (MD or DO), physician's assistant (PA), or nurse practitioner (NP).

If you are still having any of the symptoms listed above, but they are not worsening or are getting better, then we recommend that you continue to:

-Maintain a distance of at least 6 feet from others at all times.

-Stay at home away from other household members until your symptoms have completely gone away.