

# Driving Directions

## Sleep Center

**3900 Essex, Suite 500**

**Houston, TX 77027**

**Telephone: 713-442-8700**

### From The North

1. Take I-45 to Highway 59 south.
2. Take 59 south to Wesleyan
3. Exit Wesleyan
4. Turn right onto Wesleyan
5. Travel 0.7 miles and turn left onto Essex.
6. The Kelsey-Seybold Clinic Sleep Center is on the corner of Wesleyan and Essex in the 12-story "Independent Bank building" building.

### From The South

1. Take Highway 59 north.
2. Stay on 59 N to Newcastle/Wesleyan
3. Take the Newcastle/Wesleyan Road exit.
4. Turn left under US 59 onto Wesleyan.
5. Travel one mile and turn left onto Essex.
6. The Kelsey-Seybold Clinic Sleep Center is on the corner of Wesleyan and Essex in the 12-story "Independent Bank building" building.

### From The East

1. Take I-10 West To Loop 610.
2. Take Loop 610 West To Westheimer.
3. Exit Westheimer and turn Left (heading toward downtown).
4. Travel East on Westheimer to Wesleyan Street and turn right (Well's Fargo is on the corner).
5. Travel 0.1 mile and turn right into parking garage from Wesleyan (just passed Central Market parking lot) before the corner of Essex.
6. The Kelsey-Seybold Clinic Sleep Center is on the corner of Wesleyan and Essex in the 12-story "Independent Bank building" building.

### From The West

1. I-10 East To Loop 610.
2. Take Loop 610 West To Westheimer.
3. Exit Westheimer and turn Left (heading toward downtown).

4. Travel East on Westheimer to Wesleyan Street and turn right (Well's Fargo Bank is on the corner).
5. Travel 0.1 mile and turn right into parking garage from Wesleyan (just passed Central Market parking lot) before the corner of Essex.
6. The Kelsey-Seybold Clinic Sleep Center is on the corner of Wesleyan and Essex in the 12-story "Independent Bank building" building.

### Parking

#### For Day Time Studies

Park in the parking garage at any spot designated as "Visitor." Walk through the parking garage toward the glass doors and enter the building from the ground floor. Once inside the building, take the elevators to the 5th floor. Do not use the elevators inside the garage.

#### For Night Time Studies

Park in the parking garage on the first floor in the designated Kelsey-Seybold Clinic visitor parking spots. Walk through the parking garage toward the glass doors. Use the phone to gain admittance to the Sleep Center. Once in the building, take the elevators to the fifth floor. Do not use the elevators inside the garage.