

Over The Counter Medication Guide

When Taking Warfarin

Pain & Fever <input type="checkbox"/>	Cold & Allergy <input type="checkbox"/>	Heartburn <input type="checkbox"/>
<p>✓ Okay to use:</p> <ul style="list-style-type: none">• Tylenol (acetaminophen) <p>✗ Do NOT use (unless approved by your doctor):</p> <ul style="list-style-type: none">• Advil, Motrin (ibuprofen)• Aleve (naproxen)• Orudis KF (ketoprofen)• Bayer, Excedrin, Bufferin, Ascriptin (aspirin)• BC Powder (contains aspirin)• Doan's (magnesium salicylate)	<p>✓ Okay to use:</p> <ul style="list-style-type: none">• Antihistamines<ul style="list-style-type: none">◦ Allegra (fexofenadine)◦ Benadryl (diphenhydramine)◦ Claritin (loratadine)◦ Zyrtec (cetirizine)• Expectorant – Robitussin (guaifenesin)• Decongestant – Sudafed (pseudoephedrine) <p>✗ Do NOT use (unless approved by your doctor):</p> <ul style="list-style-type: none">• Advil, Motrin (ibuprofen)• Aleve (naproxen)• Menthol• Syrups that contain alcohol	<p>✓ Okay to use:</p> <ul style="list-style-type: none">• Pepcid (famotidine)• Gaviscon, Mylanta, Maalox• Tums (calcium carbonate)• Gas-X (simethicone) <p>✗ Do NOT use (unless approved by your doctor):</p> <ul style="list-style-type: none">• Nexium (esomeprazole)• Prilosec (omeprazole)• Tagamet (cimetidine)• Zantac (ranitidine)• Alka-Seltzer (contains aspirin)• Pepto-Bismol (bismuth subsalicylate)
Constipation <input type="checkbox"/>	Diarrhea <input type="checkbox"/>	Herbals & Supplements <input type="checkbox"/>
<p>✓ Okay to use:</p> <ul style="list-style-type: none">• Colace, Surfak (docusate)• Senna-S (senna/docusate)• Senokot (senna)• Dulcolax (bisacodyl)• Metamucil (fiber)• MiraLax (polyethylene glycol)• Milk of Magnesia (magnesium hydroxide)• Fleets Enema (sodium phosphate)• Mineral oil	<p>✓ Okay to use:</p> <ul style="list-style-type: none">• Immodium (loperamide) <p>✗ Do NOT use (unless approved by your doctor):</p> <ul style="list-style-type: none">• Pepto-Bismol, Kaopectate (bismuth subsalicylate)	<p>✓ Okay to use:</p> <ul style="list-style-type: none">• Multivitamins (without vitamin K)• Prenatal vitamins• Calcium• Calcium with vitamin D <p>✗ Do NOT use (unless approved by your doctor):</p> <ul style="list-style-type: none">• Cranberry, Dan-shen, Dong quai, Fenugreek, Garlic, Ginger, Ginkgo, Ginseng, Grapefruit juice, Green tea, Papain, St. John's wort